



# KIDNEY MATTERS

The Newsletter of the Q.E.H.K.P.A. JUNE 2017  
VISIT [www.kidneymatters.co.uk](http://www.kidneymatters.co.uk)

Registered Charity No 513446

## Queen Elizabeth Hospital Kidney Patients' Association

The Patients' Association for all Renal Patients treated by the Q.E. Hospital  
Patients on HHD, Transplant and PD

Dialysis Units at Aston, Great Bridge, Woodgate, Kings Norton, Smethwick, Sparkhill, Redditch,  
Worcester, Hereford, Llandrindod Wells, and U.H.B.

### Tom Simons supports the Q.E.H.K.P.A.



In September 2012 following a long illness, Tom had a Kidney Transplant from his wife Jackie. To say that gave him a new lease of life is an understatement and allowed him to follow his passion for golf.

In 2016 he was honoured and privileged to be asked to be the Club Captain at Shirley Golf Club, with the monies raised throughout his Captaincy year going to the Queen Elizabeth Hospital Kidney Patients Association (Q.E.H.K.P.A.).

He held a Captain's Charity Golf Day in May 2016 with several members from (Q.E.H.K.P.A.) there. The event saw 96 competitors play the course, raising over £5000 in entry fees, auction prizes and raffle prizes. He even managed to rope his local Santander Bank into having a Bake-off to raise Kidney disease awareness and to raise some money towards the event.

My heartfelt thanks to the Management and Members at Shirley G.C. for their time and generosity.

Other fundraising events through the year were, Captain's Charity Raffles at all our Open days, bunker immunity tickets, Captain's Drive-In, Charity Bottles in the bar area and other fun competitions.

On World Kidney Day on March 9th the Atrium, Tom presented a cheque to Nick Flint, Chairman of the Q.E.H.K.P.A for £8,060.00

"Jackie and I are delighted to be able to 'give something back, for the tremendous work the Q.E. and the NHS have done for us." *Tom Simons*

### Patient's Holiday September 2017

Sharon Pilling is again organising a holiday to accompany renal patients on dialysis. This year the destination is The Park Hotel Gouves in Crete. (see picture) The dates are 26<sup>th</sup> September to 10<sup>th</sup> October.

This holiday is a great opportunity for patients to have a break and to experience having a holiday with the reassurance of members of staff to help and assist if needed. It helps to build confidence in patients that they can take a holiday.

Everyone who has been in the past has had a very enjoyable time.

If you are interested please contact Sharon Pilling. Her email address is [sharon.pilling@uhb.nhs.uk](mailto:sharon.pilling@uhb.nhs.uk) or contact her on ward 301 at the Queen Elizabeth Hospital.



Park Hotel, Gouves, Crete

## The New Patient Transport Service started on the 1st May

West Midlands Ambulance Service NHS Foundation Trust (WMAS) has been awarded the five-year contract to deliver the Non Emergency Patient Transport Service (NEPT)

The new contract offers a better quality of service for patients and W.M.A.S. have to deliver this. The main changes that patients will see are:-

1. Patients will be asked to OPT IN to sign-up for real time information alerts to track the status of their NEPT journey. This will give patients a Text /email when the vehicle is 20 minutes away from collecting from home.
2. Gives patients the option to provide patient feedback after each journey via SMS text message or email.
3. Patients should arrive for treatment 30 minutes before their appointed time and be collected within 30 minutes after finishing treatment.
4. Patients should spend no more than 1 hour on a vehicle if they live within 15 miles of their dialysis unit.
5. Access to a wide range of ambulance vehicles to meet the medical needs of patients, including high dependency and bariatric patients.
6. A new patient charter which will provide information on response times and what patients can expect

These are the main changes and improvements patients should now be aware of.

The CCG will be introducing eligibility criteria for transport. Anyone who needs transport because of a medical condition is entitled to it. This means if you are unable to use public transport or are unfit to drive due to your condition or the treatment you are receiving then you are entitled to transport. If patients have a financial problem and are on benefits then the cost of train, bus, taxi, or petrol can be claimed back from the Hospital Travel Scheme. Your unit will have details about how to claim this.

To help the K.P.A. monitor performance and how these changes are implemented we ask all the patients who use transport to inform us about how the service is working for them.

Please text, email or write to us. Our contact details are on the back page. The only way to make sure you get the service you need and deserve is to let us know.

Send details of how you get on with the service giving times, dates, and the journey destination.

Patient transport must improve so help us to help you.

*We look forward to a new service meeting your needs*

## Service of thanksgiving (Gifts Beyond Price).

Lady Elaine Whitfield's father recently passed away at the age of 92. He had enjoyed an extra 25 years of life due to having received a heart transplant.

This has inspired Elaine to organise this Service of Thanksgiving at St Stephen's Church, Church Green, Redditch on Saturday 2<sup>nd</sup> September at 3.00 pm. The date chosen is the start of National Donor week.

The idea of the service is to bring together transplant recipients, those awaiting transplants, donor families, living donors and medics to give thanks for the gift of life that transplantation brings, for the generosity of the donor families and the skills of the medics. Elaine has long felt that there is an unfulfilled need to give thanks.

The Lord Lieutenant of the County or his deputy is expected to be attending, as will the Archdeacon and it is hoped that the Bishop of Worcester will join us.

Elaine hopes that St Stephen's church will be filled to capacity and help to raise awareness for the need for organ donation.

Taking part in the service are Mr. Madjit Mukadam from the Q.E. heart/lung transplant unit who will be speaking, Nick Flint from the Q.E.H.K.P.A, and The Arrow Vale Choir and professional soprano Gemma Turner will also be taking part.

Light refreshments will be provided after the service therefore it would be helpful if you are attending to let us know please.

Contact details below for further information and to let us know if you are able to attend.

Please contact me Nick Flint details are on the back page  
or Elaine Whitfield email [ladyelainewhitfield@gmail.com](mailto:ladyelainewhitfield@gmail.com)

## Tombola at Tesco

The Q.E.H.K.P.A. held a tombola and tin collection at Tesco Walsall on Saturday 20<sup>th</sup> May.

We had good support from the public and it was nice to hear several stories about the excellent treatment people had had from the Queen Elizabeth Hospital. We raise £200 which will add to our funds.

Our thanks to Tesco Walsall and their customers who supported us.



Q.E.H.K.P.A. meetings are held at the Queen Elizabeth Hospital  
On the 2<sup>nd</sup> Wednesday of each month at 7.30 pm in the Faith Centre.  
Please check our web site or phone a committee member in case of a change of date.  
**EVERYONE IS WELCOME. SUPPORT YOUR K.P.A.**

## About our Newsletter "Kidney Matters"



The Q.E.H.K.P.A. send this newsletter to all renal patients who receive dialysis or who have had a transplant and are treated by the Queen Elizabeth Hospital. We have had one or two patients ask us not to send them copies. This causes us a lot of extra work sorting through the 2500 name labels and removing these names every time we do a mailing. If you move away or change hospitals for treatment your name will automatically be removed.

When we have asked some of the patients why they don't want to receive this Newsletter, they have said they thought it would save us time and money as they download it from the internet or pick it up at clinic. This is very thoughtful, but it is very difficult and time consuming for us. To those who have asked not to receive the newsletter we will do our best to respect your wishes.

We are trying to inform patients about the work of the Q.E.H.K.P.A. and the Hospital.

*Please don't confuse us with some of the many other Renal Charities that send unsolicited mail to you.*

## 5K Fun Run Organised by Fiveways Health Centre

The Fiveways Health Centre is organizing a 5K Fun Run on Saturday 1<sup>st</sup> July 2017 starting at 2.00pm and finishing at 6.00pm.

The run starts from The Fiveways Health Centre Ladywood Middleway, Birmingham, B16 8HA

If you would like to enter the run or support in any way, they would appreciate your help and you will be supporting the Q.E.H.K.P.A.

Should you require any further information, please do not hesitate to contact:-

Gush Surdhar (Practice Manager, or Gemma Mooney (Administration Manager), on 0121 456 7420, option 1, or email [m85064.surdharh@nhs.net](mailto:m85064.surdharh@nhs.net)

There will also be a **free Blood Pressure** drop in clinic and refreshments will be available on the day along with a raffle and cake sale.

Fiveways are also looking for sponsors, runners, walkers and water station helpers along the route.

**For more information or to enter go to our web page** [www.kidneymatters.co.uk/fundraising](http://www.kidneymatters.co.uk/fundraising)

## NOTICE

### Queen Elizabeth Hospital Kidney Patients' Association

### ANNUAL GENERAL MEETING

Notice is hereby given that the Annual General Meeting of the

**Queen Elizabeth Hospital Kidney Patients' Association** will be held in the Faith Centre of the Queen Elizabeth Hospital Birmingham

on Wednesday 12th JULY 2017 at 7.30 p.m.

### AGENDA

1. Apologies for absence
2. Minutes of the last A.G.M. held on 13th July 2016
3. Matters arising
4. Chairman's report
5. Treasurer's report
6. Election of Officers and Committee
7. Appointment of Auditors
8. Any other business

*Nominations for Officers or Committee Members should be proposed and seconded and sent to our Secretary before the start of the A.G.M.*

*For and behalf of the Association.*

*Joan Ingram, Hon Secretary.*

## Thank you for your donations

We would like to thank all those who have supported the Q.E.H.K.P.A. recently with donations. These include: -

The Rodway Family Trust, Sylvia Goulding, Mrs. Waldron-Healey, Mrs. Cheesman, Nigel Matthews (Slimmers Club), Mr. and Mrs. Blake, Mark Stevenson, Claire McMurtrie, Charles Attridge, Miss L. Johnson and Cindy Rodgers who again raised £93 at a dress down day at the AA. Also Mr. Kathirgamak and Mrs. R. Morris who donate monthly to us.

Thanks to you all for your generous donations.

We are very grateful to all who help and support us. This enables us to continue to support patients and the Hospital that looks after us all so well.

# World Kidney Day, March 2017



The Q.E.H.K.P.A. with the support of the Renal Departments promoted World Kidney Day in the Atrium of the Q.E. Hospital.

The dietitians were there to give advice on healthy eating and how to look after your kidneys.

We signed up many visitors to the organ donor register and answered questions about being a donor and living donations.

There was information about the different type of dialysis and many visitors were interested to find out what it was like to be on dialysis and how

it affected people's lives.

The Renal Research department had displays about the work they were doing and the benefits to patients.

Transplant coordinators also were on hand to answer question about transplantation and what is involved with living donors.

The day went very well. It helps to promote the work of the K.P.A. and the excellent help and support the Hospital give to its patients.



## Donating to the Q.E.H.K.P.A.

The Q.E.H.K.P.A. now has two links on our web page to make it easier for anyone wishing to donate or raise money for the Q.E.H.K.P.A.. One is with PayPal which enables anyone who wishes to make a donation to us by **credit card** can do so by going on our web page and donate.

The other is using 'My Donate'. Anyone can make a donation to the Q.E.H.K.P.A. or set up a fundraising event and encourage friends to support you. This is a very simple way to organise a sponsored event. Just go to our web page and donations and set up an event.

We also have donations by **Text**. Just Text KDNY11 £xx To 70070 & choose to donate £1, £2, £3, £5, £10,

## In Memoriam

Our sympathies go to the families and friends of loved ones who have sadly passed away.

We are very grateful for donations sent to help us continue our support for patients and the Hospital in memory of loved ones.

We remember, Albert Williams, June Partridge, Kathleen Perry, Doris Hamer, Colin Woodward, Phillis Oscroft, Michael Williams and Gary Martin.

Our thoughts are with the families at this sad time.

## [WWW.kidneymatters.co.uk](http://WWW.kidneymatters.co.uk)

Visit the Q.E.H.K.P.A. web site, you will find more information about the K.P.A., what we have been doing along with information about healthy eating, information about your kidneys, download or view booklets on patient information covering all types of treatments all prepared by the Q.E.

There are links to what others are doing to support the K.P.A.

## **If you are transferring your treatment away from the Q.E you will be taken off the mailing list automatically.**

If you **DO NOT** wish to receive this newsletter, please let us know. Contact:- Lorraine Bateman. Tel: 0121 371 4957 Email. [Lorraine.Bateman@uhb.nhs.uk](mailto:Lorraine.Bateman@uhb.nhs.uk)  
**OR** complete the section below and return to:-  
 Lorraine Bateman. University Hospital Birmingham NHS Foundation Trust,  
 Room 43F, 4<sup>th</sup> Floor Nuffield House, Mindelsohn Way, Edgbaston, Birmingham B15 2TH

My Name.....  
 Address.....  
 .....  
 Post Code.....

- No longer a patient at Q.E.  
 Please do not send

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